

2005 Youth Risk Behavior Survey

Montana vs. National Comparisons and State Ranges

Behaviors That Contribute to Unintentional Injuries

Percentage of students who. . .	Montana	National	State Ranges
Rarely or never wore seat belts when riding in a car	13.9	12.5	4.8 – 19.6
Rarely or never wore a bicycle helmet when riding a bike	82.3	86.5	55.9 – 94.6
Rode in a car one or more times with a driver who had been drinking alcohol, during the past 30 days	34.4	27.2	13.4 – 37.4
Drove a car one or more times when they had been drinking alcohol, during the past 30 days	18.5	11.0	4.1 – 22.0

Behaviors That Contribute to Violence

Percentage of students who. . .	Montana	National	State Ranges
Carried a weapon such as a gun, knife, or club on one or more of the past 30 days	21.4	18.4	10.5 – 28.0
Carried a gun on one or more of the past 30 days	9.0	6.5	2.3 – 11.2
Had been in a physical fight one or more times during the past 12 months	30.5	30.3	24.3 – 36.7
Were injured in a physical fight one or more times during the past 12 months	3.6	3.6	2.3 – 5.2
Were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months	10.9	10.6	6.0 – 16.3
Have ever been physically forced to have sexual intercourse when they did not want to	10.2	8.4	5.1 – 11.2
Had carried a weapon on school property on one or more of the past 30 days	10.2	6.5	3.1 – 10.5
Had been threatened or injured with a weapon on school property one or more times during the past 12 months	8.0	8.0	5.4 – 11.7
Were in a physical fight on school property one or more times during the past 12 months	10.9	11.4	8.4 – 15.6
Did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school	4.2	5.4	3.0 – 9.4
Had their property, such as their car, clothing, or books stolen or damaged on school property during the past 12 months	30.1	28.3	21.9 – 39.3

Behaviors That Contribute to Violence – continued

Percentage of students who. . .	Montana	National	State Ranges
During the past 12 months, ever felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities	25.6	27.3	20.3 – 34.3
Seriously considered attempting suicide during the past 12 months	17.5	16.0	12.7 – 20.7
Made a plan about how they would attempt suicide during the past 12 months	14.6	13.1	9.6 – 17.2
Actually attempted suicide one or more times during the past 12 months	10.3	8.8	6.2 – 13.1
Attempted suicide during the past 12 months resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse	3.1	2.7	1.0 – 5.1

Tobacco Use

Percentage of students who. . .	Montana	National	State Ranges
Ever tried cigarette smoking, even one or two puffs	55.4	54.5	25.0 – 63.4
Ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days	15.2	13.8	4.5 – 20.0
Smoked cigarettes on one or more of the past 30 days	20.1	21.2	7.4 – 28.6
Smoked cigarettes on 20 or more of the past 30 days	8.8	8.8	2.1 – 14.5
Smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	7.7	10.5	2.9 – 22.3
Tried to quit smoking cigarettes	60.4	56.6	49.0 – 65.1
Are less than 18 years of age, are current smokers, and had purchased their cigarettes in a store or gas station during the past 30 days	9.3	15.6	3.8 – 29.6
Used smokeless tobacco (e.g., chewing tobacco, snuff, or dip) on one or more of the past 30 days	14.8	8.4	2.9 – 14.9
Smoked cigars, cigarillos, or little cigars on one or more of the past 30 days	17.6	15.2	5.4 – 21.3
Used any tobacco during the past 30 days	31.4	27.8	9.0 – 35.2

Alcohol and Other Drug Use

Percentage of students who. . .	Montana	National	State Ranges
Had at least one drink of alcohol on one or more days during their lifetime	77.8	74.1	32.9 – 80.2
Had at least one drink of alcohol on one or more of the past 30 days	48.6	42.8	15.8 – 49.2
Had 5 or more drinks of alcohol in a row on one or more of the past 30 days	34.4*	26.3	8.8 – 34.4
Used marijuana one or more times during their lifetime	41.7	38.2	15.5 – 45.2
Used marijuana one or more times during the past 30 days	22.3	18.9	7.6 – 26.2
Used any form of cocaine during their lifetime	9.5	7.7	4.1 – 15.1
Used any form of cocaine during the past 30 days	4.0	3.3	2.0 – 7.9
Used a needle to inject any illegal drug into their body during their lifetime	3.6	2.3	0.9 – 4.3
Had sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their lifetime	15.4	12.2	8.6 – 17.1
Took steroid pills or shots without a doctor's prescription during their lifetime	4.4	3.9	2.0 – 6.5
Used heroin during their lifetime	3.6	2.7	1.3 – 5.3
Used methamphetamines during their lifetime	8.3	5.9	2.6 – 11.7
Used ecstasy during their lifetime	6.3	6.1	3.3 – 9.2

*** Montana students rank highest in the nation for binge drinking.**

Age of Initiation of Risk Behaviors

Percentage of students who. . .	Montana	National	State Ranges
Smoked a whole cigarette for the first time before age 13	17.6	16.1	7.5 – 24.2
Had their first drink of alcohol other than a few sips before age 13	27.8	24.9	13.2 – 31.1
Tried marijuana for the first time before age 13	11.2	9.1	4.2 – 20.7

Tobacco, Alcohol, and Other Drug Use on School Property

Percentage of students who. . .	Montana	National	State Ranges
Smoked cigarettes on school property during the past 30 days	7.0	6.8	1.7 – 10.7
Used smokeless tobacco on school property during the past 30 days	8.2	4.4	1.4 – 9.6
Drank alcohol on school property during the past 30 days	6.4	4.5	2.1 – 8.8
Used marijuana on school property during the past 30 days	6.1	4.0	1.7 – 8.4
Were offered, sold, or given an illegal drug on school property during the past 12 months	25.3	26.1	15.5 – 38.7

Sexual Behaviors That Contribute to Unintended Pregnancy and STDs, Including HIV Infection

Percentage of students who. . .	Montana	National	State Ranges
Ever had sexual intercourse	43.6	44.8	35.7 – 55.1
Had sexual intercourse for the first time before age 13	5.1	5.8	2.8 – 10.8
Had sexual intercourse with four or more people during their life	13.1	13.6	9.0 – 19.1
Had sexual intercourse during the past 3 months	31.2	33.3	24.1 – 40.6
Used a condom during last sexual intercourse	61.3	62.6	47.6 – 71.2
Used birth control pills during last sexual intercourse	23.8	18.4	12.7 – 34.6
Drank alcohol or used drugs before last sexual intercourse	29.4	22.9	18.6 – 30.9
Had been taught in school about AIDS or HIV infection	90.0	88.4	79.8 – 92.7

Dietary Behaviors

Percentage of students who. . .	Montana	National	State Ranges
Ate 5 or more servings/day of fruits and vegetables during the past 7 days	17.0	17.4	13.5 – 25.4
Drank 3 or more glasses/day of milk during the past 7 days	21.5	16.2	8.7 – 28.6

Physical Activity

Percentage of students who. . .	Montana	National	State Ranges
Participated in physical activity that increased their heart rate and made them breathe hard some of the time for a total of at least 60 minutes/day on ≥ 5 of the past 7 days	31.2	33.9	29.6 – 45.9
Participated in at least 20 minutes of vigorous physical activity (i.e., physical activity that made them sweat and breathe hard) on ≥ 3 of the past 7 days and/or at least 30 minutes of moderate physical activity (i.e., physical activity that did not make them sweat and breathe hard) on ≥ 5 of the past 7 days	68.8	67.7	58.7 – 76.7
No vigorous or moderate physical activity during the past 7 days	7.8	9.1	4.2 – 15.6
Attended physical education (PE) class one or more days during an average school week	58.1	48.9	25.2 – 94.2
Attended physical education (PE) class daily	34.0	27.2	6.7 – 60.7
Exercised or played sports more than 20 minutes during an average physical education class	84.6	85.1	76.2 – 92.3
Played on one or more sports teams during the past 12 months	61.7	57.5	47.1 – 66.9
Watched 3 or more hours of TV per day on an average school day	26.3	34.7	19.0 – 44.6

Overweight and Weight Control

Percentage of students who. . .	Montana	National	State Ranges
Are at risk for becoming overweight	12.8	14.6	10.3 – 17.8
Are overweight	9.3	12.0	5.6 – 15.6
Described themselves as slightly or very overweight	31.7	30.9	24.0 – 34.0
Were trying to lose weight during the past 30 days	42.6	46.3	41.0 – 50.9
Ate less food to lose weight or to keep from gaining weight during the past 30 days	39.6	39.8	35.5 – 45.0
Exercised to lose weight or to keep from gaining weight during the past 30 days	59.7	60.9	54.9 – 65.6
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	12.1	12.0	8.9 – 16.1
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days	5.9	6.4	3.9 – 11.8
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	6.3	5.5	3.2 – 8.9

Asthma and Health Description

Percentage of students who. . .	Montana	National	State Ranges
In their lifetime have been told by a doctor or nurse that they had asthma	18.9	19.9	16.2 – 30.4
In the past 12 months reported having asthma but no episode or attack or having an asthma episode or attack	15.8	16.2	12.3 – 23.3
Had an asthma episode or attack during the past 12 months	36.0	37.0	24.2 – 46.2
Described health as fair or poor	8.3	7.9	5.9 – 11.0